

### PROFILE.



Andreas Kömmling
Authentic. Creative. Coaching.

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#### Bio Brief.

- Individual Coaching. Team Coaching. Shadowing. Mediation. Workshops. Training. Personality Typing. Organizational Change.
- Topics: Career. Communication. Conflict. Decision-making. Entrepreneurship. Leadership. Life Transitions. Performance. Personality. Self-Management. Team Development.
- Training: Co-Active Coach (CTI). Co-Active Leader (CTI). Business Mediator (KAKM). Team Coach (ORSC).
- Coach Member of ICF International Coach Federation. Committed to ICF Code of Ethics.
- Long-standing management experience in international business.
- Business Degrees. Diplom-Kaufmann. MBA.
- Bilingual. German. English.
- Background: Aikido. Coaching. Creative Writing. Internationality. Meditation. Philosophy.

# Authentic. Creative. Successful. The Philosophy.

- Being authentic means becoming "your own brand". Gaining recognition value, self-awareness and confidence. Being unique, genuine and natural. Like a fish back in the water.
- Being creative means bringing something new into being. Or solving tricky tasks with your acquired competencies. Proving your strengths and recognizing development areas. Creating ideas, concepts and strategies.
- Authenticity and creativity are your key success factors. My focus is on the continuous development of your personality. Your leadership, your conflict behavior and communication skills.

# **Education. Training.**

- Business Mediator. Krefelder Akademie für Konfliktmanagement & Mediation. D. 2012.
- Hypnosystemic Coaching. Thomas Meyer Coaching. Herten. D. 2011.
- Fundamentals of Organization & Relationship Systems Coaching (ORSC). CRR Global. Center for Right Relationships. Heidelberg. D. 2010.
- Co-Active Leader. CTI. The Coaches Training Institute. San Rafael. California. USA. 2008.
- Coach Exam at the International Coach Federation, 2007.
- Co-Active Coach. ICF acclaimed coach training. CTI. Heidelberg. D. 2007.
- MBA. Schulich School of Business. York University. Toronto. CDN. 1993.
- **Diplom-Kaufmann**. Business Degree ("MBA"). Mannheim University. D. **1992**.
- Business Economics. Intermediate Exams ("BBA"). Ruhr University. Bochum. D. 1989.



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# **Professional Experience.**

- Freelancer. Business Coach. Business Trainer. Business Mediator.

  AbsolutelyCoaching. Witten. Since 2012. Bochum. 2009–12. Frankfurt/Main. 2006–9. D.
  - Focus Areas. c. Bio Brief (above).
  - Mentoring & Training Assistance. CTI. Since 2007.
  - Moderator of the "Co-Active Coaching" Group on XING (www.xing.com). Since 2009.
  - Hosting Team. ICF Chapter Frankfurt-Rhine/Main. D. 2009.
  - Organization. "Wissenstransfertag". Knowledge Transfer Day Rhine/Neckar. D. Since 2008.
- Senior Transactor. Manager Structured Trade & Export Finance.
  Deutsche Bank AG. Frankfurt/Main. D. 1996–2005.
  - Market, project & revenue responsibility. Contract negotiations. Financial & credit analysis. Structuring. Syndication. International business travel.
  - Industry experience Oil Gas Petrochemicals. Metals & Mining. Aviation. Telecoms & IT.
  - Internal Consulting. Organizational Change.
  - National & international cooperation. With borrowers. Export credit insurers. Exporters. Associations. Inter-ministerial committees. Supranational Organizations.
- Officer Export Finance & Insurance. Staff Exchange.
  Federal Ministry of the Economy & Technology. Bonn. D. 1998–99.
- Transactor. Manager Equity Capital Markets. European Equity Syndication.
  Deutsche Bank AG. Deutsche Morgan Grenfell. Frankfurt/Main. D. London. GB. 1994–96.
- Trainee. Business Clients. Investments. Deutsche Bank AG. Gelsenkirchen. D. 1993–94.
- Change Management. Sears Canada Inc. Toronto. CDN. Hagefa mbH. Herne. D. 1992–93.

## Other Experiences.

- Aikido. Ken-Jutsu. Frankfurt Seishinkai. D. Shiseikan Tokyo. J. New York Aikikai. USA.
- Camino de Santiago. Pilgrimage on the Way of St. James. From Constance (D) to Einsiedeln (CH) and from St. Jean Pied-de-Port (F) to Santiago de Compostela & Cabo Finisterre (E).
- Creative Writing. Gotham Writers Workshop. New York. USA.
- School of Practical Philosophy. New York. USA.
- Vision Quest. Dream Fulfillment. New York City Marathon. Travels through the Americas. From the St. Lawrence River to Cape Horn. Québec. Chile. Argentina. Mexico.
- Bilingual. German. English. Further languages. French. Spanish. Russian. Latin. International work & studies. Intercultural competencies.
- Born 1966. Married. One daughter.

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